

T Level Technical Qualification in Health: Supporting the Adult Nursing Team

86%
High Grades

100%
Pass Rate

**Clinical
Skills**

**NHS
placements**

**Industry
experienced
teachers**



FAQs

Supporting the Adult Nursing Team **T-LEVELS**

What is T Level Health?

T Level Health is a technical study programme, aimed at preparing young people for work, higher level apprenticeship or higher education in the field of Health Care. At Runshaw College we are aware of the skills gap in health care and believe the T Level Health will support students in gaining the skills, knowledge and behaviours required for a career in health. The qualification is the equivalent of 3 A levels.

The T Level in Health is a full time, two-year programme and has 2 main components:

1. Core component in Health which is taught in Year 1
2. Occupational Specialist component:

Supporting the Adult Nursing Team which is covered in Year 2

Will I do work placement?

You will also complete a mandatory Industry Placement covering a minimum of 315 hours (approx. 45 days) with an organisation within the Healthcare sector. The Industry Placement will provide an opportunity for you to gain and develop the knowledge, skills and behaviours required to gain employment in the health and social care sector. The Industry Placement will be split into block placements over the two-year course to ensure you meet the minimum threshold of 315 hours. The Industry Placement gives you the opportunity to experience what a real career is like while you continue your studies.

At Runshaw College we have developed a close working relationship with our local NHS trust, Lancashire Teaching Hospitals, who we work in partnership with to offer our T Level Health students placements at their Preston and Chorley hospitals. This provides

our students with invaluable experience of the roles and responsibilities of the adult nursing profession. The Industry Placement is an essential component of the T Level and must be completed in order to achieve the qualification.

There will be specific requirements and associated costs with a placement within an NHS hospital and these are highlighted in the next section of this document.

What grades do I need to get on the course:

GCSE grade 5 in English, Maths and Science and two further subjects at grade 4.

What will I learn?

Year 1 of the T Level provides students with an in depth overview of the sector where you will cover the core component which includes:

- Working in the healthcare sector
- Managing personal information
- Health, safety and safeguarding
- Person-centred care
- Health and Wellbeing
- Infection prevention and control
- Science

In Year 2 you will focus on the occupational specialism: supporting the adult nursing team which includes:

- Assisting the adult nursing team with clinical tasks
- Supporting individuals to meet activities of daily living
- Skin integrity assessments and with the care and treatment of skin conditions.

How will I be assessed on the T Level and how is it graded?

- Year 1 is assessed by 2 external exams (CORE A & CORE B) and an employer led project (ESP) completed under supervised conditions.
- Year 2 is assessed by Controlled Assessments and Practical Skills Tests.

Students who complete their T Level will receive an overall grade of Pass, Merit, Distinction or Distinction*.

Who will teach me on the course?



Yvette Mitchell

Course leader for Year 2
T Level Health

I have had 22 years of clinical experience within the NHS and private nursing sector. As a Registered General Nurse and Registered Midwife, I have held numerous positions of seniority over the years, including my final role as Nursing Director. In all positions I was responsible for accurate record keeping and working as an autonomous practitioner. Mentoring of junior staff and providing education programmes within the community and hospital clinics. As a midwife I was responsible for the care of clients and their babies, before, during and after delivery, demonstrating research-based practice to a high standard. Working within a multidisciplinary team within clinics demographically based within disadvantaged communities, experiencing teenage pregnancies, substance misuse and socio economic deprivation and all the associated problems of the community.



Rebecca Hill

Teacher

With over 17 years of dedicated service within the NHS, I bring a wealth of frontline experience to my teaching. I have worked across multiple hospital trusts, specialising in orthopaedic trauma, major trauma, and critical care. My clinical insight is matched with a deep commitment to education and mentorship. My career has been shaped by fast-paced clinical environments, where teamwork, precision, and compassion are essential.

I am passionate about inspiring the next generation of healthcare professionals. My teaching style blends practical expertise with compassionate leadership, empowering learners to thrive in high-pressure environments while upholding the highest standards of patient care. My sessions are grounded in real-world experience and are designed to build confidence, clinical awareness, and a strong sense of purpose in their future roles.



Sarah Yarnell

Teacher

I have over a decade of experience in healthcare across both the NHS and private sector. After achieving a First-Class Honours Degree in Adult Nursing from Liverpool John Moore's University, I built my career as a Registered Nurse, specialising in Emergency Nursing before progressing into a Specialist Nurse role within Acute Stroke Care.

My career has given me the privilege of supporting patients and families during their most critical moments. I am experienced in leading multidisciplinary teams, making time-critical decisions, and delivering safe, effective and compassionate care in high-pressured, fast-paced environments.

I am passionate about education and committed to developing others, recognising the difference that the right support can make. Through teaching, mentoring and sharing real-world experience, I aim to help learners grow in confidence and competence while inspiring them to pursue rewarding and meaningful careers in health.



Elizabeth Davy

Teacher

I am predominantly a science teacher with many years of teaching science to a range of students at different levels and abilities. I have a passion to embed science knowledge in a fun, practical and memorable way and will be teaching the Core B examined unit. I have a good knowledge and understanding of health and therefore, can support students in relating the science curriculum to practice.



Elicia McNight

Teacher

I am an experienced Health and Social Care educator with over 8 years of teaching expertise, including delivery of the T Level Health programme since its introduction in 2021. Throughout my career, I have worked closely with a wide range of health stakeholders and collaborated with higher education institutions and healthcare providers, including the NHS. I am dedicated to supporting the growth and development of young people's education through evidence-based practice and learner led development, ensuring learners are well-prepared for both academic progression and professional practice.



Rebecca Ballantyne

Teacher

I am an experienced Health and Social Care educator with over 8 years of teaching expertise, including delivery of the T Level Health programme since its introduction in 2021. Throughout my career, I have worked closely with a wide range of health stakeholders and collaborated with higher education institutions and healthcare providers, including the NHS. I am dedicated to supporting the growth and development of young people's education through evidence-based practice and learner led development, ensuring learners are well-prepared for both academic progression and professional practice.



Runshaw's facilities for T Level Health

Runshaw College prides itself on the resources available to students completing the T Level Health Course. We have recently acquired an Anatomage table which is the most technologically advanced 3D anatomy visualisation and virtual dissection tool for anatomy and physiology education. We also have an immersive room that allows interactive learning by superimposing medical scenes on walls for students to learn how to support services users in certain situations e.g. hospital wards/scenarios. In September 2023, we completed creating a hospital ward, nursing home and home environment that is to be used to aid students in practical hands-on experience in order to simulate real working practice.

Where can I progress after completing the course:

- Into employment – opportunities may include Care worker, Healthcare assistant, Emergency care assistant, Palliative Care assistant or Ambulance support worker or other related careers in health and social care.
- Into Higher Education- to study a degree in one of the following areas, adult nursing, midwifery, paramedics, senior healthcare support worker or other related careers in health and social care

Please note the T Level Health study programme recognised by higher education institutions (HEIs) and carries UCAS points. We recommend you research the entry requirements for the Universities that you are interested in progressing to. If their entry requirements are not stated on their website please telephone the university to enquire.





Moving and Handling

- Students will receive moving and handling training delivered in the hospital by the NHS. This is essential for their own safety and the safety of the service users.

Vaccinations

All students are required to have vaccinations for the placement element of the course. This will include placements within hospital settings, with district nursing teams and other health-related employers, in accordance with their respective policies.

- Hepatitis B (Hep B)
- Measles, Mumps, and Rubella (MMR)

Students must provide evidence of having received both vaccinations. If a student has not yet received one or both of these, the College will arrange and cover the cost of the necessary vaccinations to ensure compliance.

Uniforms

- Uniforms (Tunic's) will be provided by the hospital at a cost of £10* deposit per uniform.
- It is recommended students get 2 uniforms with a total cost of £20*.
- Parents, Guardians or Students will be responsible for paying the deposit, unless students are on bursary.
- Deposits will be refunded when the uniform is returned at the end of the placement providing the uniform is in good condition with no damage.
- Parents, Guardians or Students must purchase trousers. Trousers must be dark (preferably navy or black), no leggings, tracksuits, jeans or cropped trousers. Cost will be based on the trousers chosen by the student, at their own expense.
- Lancashire Teaching Hospital have a strict uniform policy that must be adhered to.

* (price subject to change)

Footwear

- Shoes need to have a non-slip sole and be non-porous so they can be wiped down.
- Trainers can be worn if they are plain and of a dark colour, with no coloured flashes.
- Cost will be based on the footwear chosen by the student, at their own expense.

DBS

- Runshaw College will fund and arrange for DBS – Students must keep their DBS in a secure location.
- Students must be able to produce their DBS certificate prior to placement starting. Any lost DBS checks must be replaced and paid for by student - £48.
- To obtain a DBS certificate students will be required to produce several forms of identification, which could include: Passport, Original Full Birth Certificate, Proof of Address e.g. bank statement.

For up to date information on accepted identification please scan the QR code.



Enrichment Activities

- Simulation days – working with qualified professionals
- Training – PREVENT, First Aid, Moving & Handling, Safeguarding
- Guest speakers
- University visits

Transport

- All T Level Health students will need to make their own transport arrangements to get to their NHS placement.

For more information about our courses, visit runshaw.ac.uk
call **01772 643000** or email info@runshaw.ac.uk