

Level 3 Certificate

Counselling Studies

Small
class
sizes

Outstanding
Support

Excellent
Progression

Industry
Expert
Teaching

Learner
Centred



Counselling Studies

This course provides learning experiences which will enable you to develop and practice counselling skills. It will also increase your knowledge/understanding of such skills and look at counselling theories in more depth. It is specifically designed for those who want to take the next step towards training to become a counsellor (having already acquired some counselling skills), or continue their skills development for voluntary work or employment. This level does not qualify you to be a counsellor.

Duration

34 weeks.

We also have a fast-track option for the course to be completed in 17 weeks!

Price

£1,386*

Learning Method

This course is delivered fully in the classroom.

What will I learn?

- Exploring professional conduct, ethical issues, confidentiality, boundaries, and legal responsibility.
- Explore the effects of attitudes and personal value choices brought to the counselling relationship.
- Consider issues relating to valuing difference and diversity in a multi-cultural and diverse society.
- Exploring a range of counselling skills and understanding which counselling skills are used professionally.
- Reflect on counselling theory when working with others and understanding self.
- Using feedback to support development.
- Introduction to casework supervision.

Course units



Understanding the Context for the Use of Counselling Skills



Understanding Counselling Theory



Using Counselling Skills



Personal Development for Users of Counselling Skills.

Entry Requirements

All applicants should have a Level 2 Certificate in Counselling Skills (75 guided learning hours) or equivalent which must have involved tutor assessed skills practice. The course involves experiential learning and self-awareness exercises, which will be demanding of the self in interaction with others, applicants must be prepared and suitably emotionally resourced to undertake this type of training.

Applicants must be able to respect others regardless of race, ethnic origin, gender, sexual orientation or disability.

Why should you study at Runshaw?

- Non-judgemental, inclusive and student-centered learning environment.
- Personal development exercises to foster self-awareness.
- Learners regularly engage in group discussion to promote critical thinking.
- Industry experts who model counselling theory and best ethical practice.
- Weekly skills sessions with peers which help to embed counselling theory and practice, ensuring learners become confident and safe practitioners.

Progression

Successful completion of this course will allow you to apply for higher level qualifications. Runshaw College offers a progression route onto Level 4 Therapeutic Counselling (subject to application process).

Please contact

adulthoodeducation@runshaw.ac.uk

for more information.

Where are **you** going?

Counsellor

Parole Officer

Social Worker

Psychologist



#FutureYou

Level 3 Certificate Counselling Studies

Funding

This course may be FREE if you...

- Are unemployed, looking for work and in receipt of an approved benefit
- If you are employed, earning less than £25,000 a year before tax (evidence required)

If this criteria doesn't apply to you; you could either:

- Pay in four consecutive instalments
- Pay the fee in full.
- Apply for an Advanced Learner Loan

Other courses we offer

- Level 2 & 3 AAT Certificate in Accounting
- Access to Social Sciences
- Level 4 Diploma in Therapeutic Counselling CPCAB
- Level 5 Associate Diploma in People Management



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Langdale Road | Leyland | PR25 3DQ | 01772 642040
adulthoodeducation@runshaw.ac.uk | www.runshaw.ac.uk