

# Level 4 CPCAB Diploma Therapeutic Counselling

Small  
class  
sizes

Outstanding  
Support

Excellent  
Progression

Industry  
Expert  
Teaching

Learner  
Centred



# Therapeutic Counselling

**This part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context. It is designed to lead to an employed or voluntary role in a counselling agency in both health care and non-medical settings. Learners with sufficient post qualification experience can also begin working as independent practitioners in private practice. The course is delivered one day a week over two years.**

## Duration

2 years.

## Price

£4670\* exc. CPCAB membership.

## Learning Method

This course will be delivered fully in the classroom.

## What will I learn?

- Working ethically, safely, and professionally as a counsellor.
- Working within a counselling relationship.
- Working with client diversity in counselling work.
- Working within a user-centred approach to counselling.
- Working with self-awareness in the counselling process.
- Working within a coherent framework of counselling theory and skills.
- Working self-reflectively as a counsellor.

## Entry Requirements

Level 2 Certificate in Counselling Skills and Level 3 Certificate in Counselling Studies or their equivalent. Candidates are required to have completed tutor observed Person-Centred skills sessions.

Interview – applicants need to be able to demonstrate their ability to handle the level of academic work required and show a willingness to take responsibility for oneself. An enhanced DBS is required. The two day residential is mandatory and not included in the fees.

## Course units



Working self-reflectively



Client diversity



Self-awareness in counselling process



User-centred approach

### Why should you study at Runshaw?

- Learners regularly engage in group supervision on Levels 3 and 4 - preparing them for clinical practice.
- Weekly skills sessions with peers help to embed counselling theory and practice, ensuring learners become confident and safe practitioners.
- Learners are nurtured and encouraged to participate in regular personal development groups, helping them develop their interpersonal relating skills

### Progression

Successful completion of this course will allow you to apply for higher level qualifications. Please be aware that if your long term goal is to work in an area with vulnerable adults or any person under the age of 18, further training will be required and it will be necessary to undergo a disclosure and barring services (DBS) check at your place of employment. If you have a criminal conviction this may exclude you from working in some job roles.

Please contact **adulthoodeducation@runshaw.ac.uk** for more information.

Where are **you** going?

Counsellor

Parole Officer

Social Worker

Psychologist



**#FutureYou**

# Therapeutic Counselling

## Level 4 CPCAB Diploma

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### Funding

Please note that there will also be a mandatory two day residential trip (with overnight stay) during the course which promises to be a very valuable learning and personal development experience. This is an additional cost of approximately £250.

The course requires you to undergo a minimum of 10 Person-Centred Personal Counselling sessions, along with monthly supervision (once out on placement), these are additional costs that will have to be covered by yourself.

The course fee does not include CPCAB membership.

For this course, you could either:

- pay the fee in full
- pay in four consecutive instalments
- ask your employer to sponsor you
- apply for an Advanced Learner Loan to help pay for the course fees.

### Other courses we offer

- Access to Social Sciences
- Access to Nursing and Midwifery
- Level 2 Certificate in Supporting Teaching and Learning
- Level 3 CIPD Foundation Certificate in People Practice



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