

# Level 1 Introduction to Health, Care & Childhood Studies

Enrichment  
Activities

Clear  
progression  
pathway

Work  
Placement  
Experience



# Level 1 Introduction to Health, Care & Childhood Studies

This qualification has been designed for learners who wish to achieve a Level 1 qualification in preparation for future study and will maximise opportunities for learners to progress by focusing on the development of transferable and sector-related skills. This level 1 qualification is for students that have an interest or would like to explore working in the fields of either childcare or health and social care.

The units you will be learning:

- Being organised
- Developing a personal progression plan
- Working with others
- Researching a topic
- Providing a children's creative activity
- Supporting children's learning through everyday experiences
- Planning a Safe childcare environment
- Communication skills for health and social care
- Advising others about healthy lifestyles
- Measuring older adults' fitness levels for everyday tasks
- Preparing and Cooking food
- Serving food and drink

To boost skills further, this course contains a Work Placement Experience. Students are fully supported in making any arrangements and in ensuring they get the most from it.

Enrichment is an important part of the course, and students can look forward to:

- Voluntary work
- Guest speakers from industry
- Outdoor pursuit activities
- Fundraising activities
- Access to the college enrichment programme

## Assessment:

You will be assessed through written and practical activities that are internally marked by your tutors.

There is potential to gain distinctions in each unit and previously we have a record of students gaining highest grades.

Upon successful completion of this course, students can move on to higher level study within the college or on to an apprenticeship.

To aid this progression, students will also study English and maths.

If you are interested in developing skills in working with children or adults through practical activities, then this course is for you. With activities including creating picture books for children or a healthy meal for adults, you get a real feel for working with children and adults in health, care and childhood settings.

## Entry Requirements:

A minimum of 1 x Grade 3, 1 x Grade 2 and Maths or English Language at Grade 2 and Grade 1 in the other.

## What's great about this course?



Dedicated staff and pastoral care



Learning in two subject areas



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**Healthcare Academy**

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call **01772 643000** or email [info@runshaw.ac.uk](mailto:info@runshaw.ac.uk)